

**SATURDAY,
MAY 2**

8th ANNUAL

LAKE REGIONAL HEALTH SYSTEM

FUN RUN/WALK

**Benefitting
Cardiac Rehab**

Registration: 7 a.m.

Lake Regional Hospital
parking lot B

5K Run begins at 8 a.m.

Walk begins immediately
after runners start.

Pancake Breakfast

Free to run/walk participants

Make checks payable to:

**Lake Regional Hospital
Fund Development**

54 Hospital Drive
Osage Beach, MO 65065

For more information, call
Terri Hall at 573-348-8153.

Register online at

lakeregional.com/events.



Registration Form

Name: _____

Address: _____

C/S/Z: _____

Phone: _____ Email: _____

Age at race day: _____ Male: _____ Female: _____

5K Run: _____ Walk: _____

T-shirt size (unisex): S _____ M _____ L _____ XL _____ 2XL _____

*Shirt guaranteed to participants
registered by April 17.*

3XL _____ 4XL _____ Youth L _____

I know that running is a potentially hazardous activity. I should not enter or run in this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls; contact with other participants; the effects of weather, including high heat and/or humidity; the conditions of the road and traffic on the course — all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of Lake Regional Health System's acceptance of my applications, I, for myself and anyone entitled to act on my behalf, waive and release the Fun Run/Walk and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Furthermore, I acknowledge this event may be canceled because of inclement weather, and all fees are nonrefundable.

Signature

Date

Parent's Signature (if under 18)

Date