



May 9, 2015
Rolla, Missouri



*The Rolla Multisport Club and the Mill Creek Watershed Coalition
bring you a little 51 mile challenge to start the cycling season!*

Chip timed. Supported with SAG vehicles and aid/feed stations in-route.

Hills. Historic highway. Scenery. More hills. Did I mention the hills?

No prizes or awards, but results will be posted online in the following categories:

Men: 18 and Under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+

Women: 18 and Under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+

Entry includes tech shirt, fuel and water at the aid stations, post-ride BBQ, and a beautiful course.

Is this a race, or a recreational ride?

Yes.

A Gran Fondo is a timed ride on a challenging course.

If you want to race, start near the front and bust your guts.

If this is a stretch ride for you, you'll get shirt and official time to prove you did it.

If you just want to enjoy the scenery, start near the back and take your time. It's all good.

RIDE THE CHAMPIONSHIP ROUTE!

The same course as the Missouri State Championship Hellbender Road Race on June 7!

http://www.usacycling.org/events/state_search.php?state=MO

Start Time: 10:00 AM, May 9, 2015

Start Location: Columbia College, 550 Blues Lake Parkway, Rolla, MO

Online registration open until midnight May 7: split-secondtiming.com/upcoming-events

Online Rate: Individual \$45 / Tandem \$75

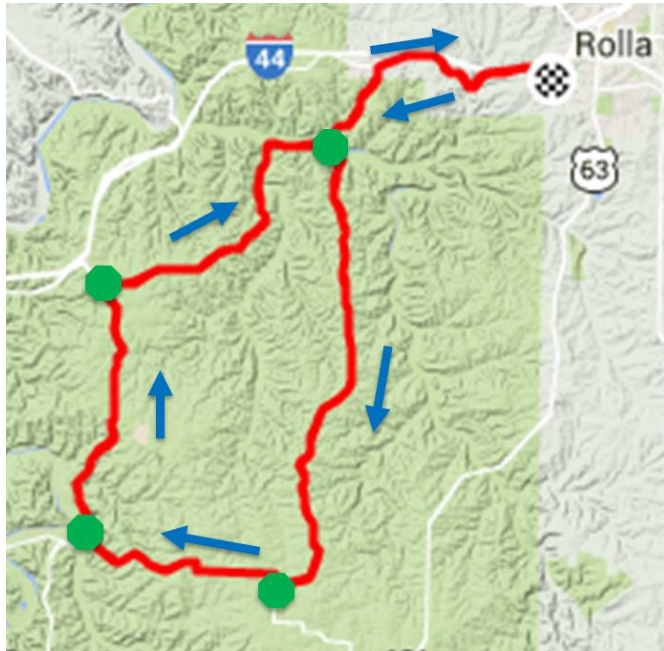
You must register by May 1 to receive a shirt!

Race day registration & packet pickup: Columbia College at 8:00 AM

Race day rate: Individual \$60 / Tandem \$95



Course Description



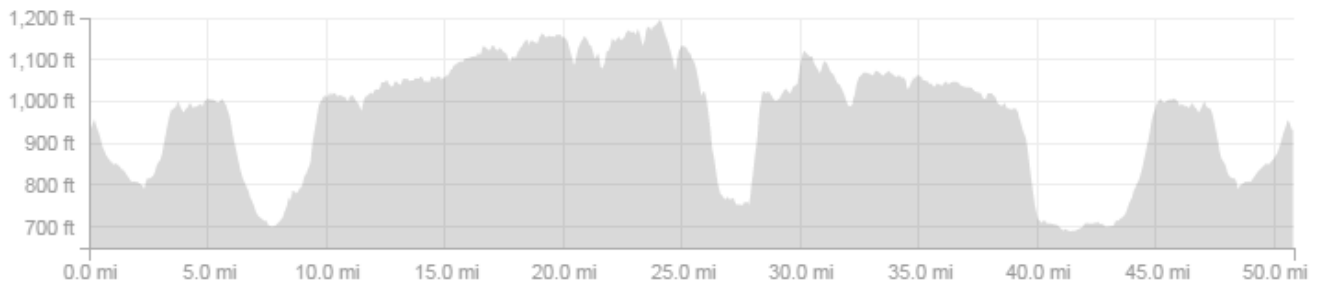
www.strava.com/routes/1479121

The 51 mile course begins on historic Route 66, proceeds south through Newburg, then loops through 35 miles of quiet, scenic rural highways within the Mark Twain National Forest surrounding the Mill Creek watershed before for returning to Rolla.

Total climb: 2,869 ft

Four aid/feed stations (green dots) along the way.

Riders should be prepared with plenty of hydration and nutrition to span the stations!



- Ride your bike.
 - Save the planet.
 - Eat.
- Not a bad day...



Sponsors



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