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2016 Rolla Multisport Club Race Series is ON!

Do you have any 2016 fitness goals? How about running in multiple local races to support a number of local groups and charities?? Now you can! Please join the Rolla Multisport Club for our brand new Race Series. Thanks to our partners Split Second Timing and Forum Dental, we are excited to get you competing in multiple local races for amazing prizes.

This sounds AWESOME!!! How do I join??

I'm glad you asked!!

First—the series is only open to RMC members. But joining is FREE! Go to rollamultisport.org and click "Membership." How is it free?? As a 501 (c)(3) charity, all donations to RMC are welcomed and tax deductible.

Next—Go to Split-Secondtiming.com to sign up and pay a one-time fee of \$25

Finally—RUN HARD! Collect points, come to RMC meetings (first Thursdays of the month, 5:30pm, Public House in Rolla!), hang out with cool people, and, at the end of the year, collect your amazing prizes!!

Rules:

Awards: The winners of the race series will be in 2 categories: Male and Female overall 1st, 2nd, and 3rd places; awards will be presented at the final RMC meeting of 2016.

All runners who at least qualify for award consideration by completing the required number of races in any one category will receive the official RMC Race series t-shirt and be in the running for several prizes.

Requirements: Participation in the RMC race series is limited to RMC members (joining is FREE) who have paid the entry fee for the series: The entry fee to participate in the RMC series is \$25 (consider this a "race entry fee" to help provide for cash awards, gift cards, t-shirts and trophies). Payment can be made on the main Split-Second Timing (SST) webpage. YOU SHOULD PAY YOUR ENTRY FEE ASAP SINCE ONLY THOSE RACES OCCURRING AFTER YOU PAY THE FEE WILL COUNT! For example, if you don't pay the entry fee until July 1, ALL races before then will NOT count toward the series. (However, there is a 30-day grace period for counting races once you pay the fee.)

Qualifying races: Split Second races who have joined the series are listed on the SST race page. Only these races are eligible for the series. You must run **at least THREE races** to qualify for awards, and **we take the top SIX scores** you earn. (So, you can run 15 races, but we only take the top 6 scores; or you can run 3 races and we only take those 3 scores.)

Official Times: Only the official Split-Second published times for running events may be used (not the time on your watch or your estimated time).

Scoring: Scores are based on placing in race. Points are awarded according to the Race Series age groups (12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60+) using the following scale at different distances:

5K	10K	Half Marathon
Overall winner – 60 points	Overall winner – 75 points	Overall winner – 100 points
1 st – 40 points	1 st – 50 points	1 st – 75 points
2 nd – 35 points	2 nd – 45 points	2 nd – 70 points
3 rd – 30 points	3 rd – 40 points	3 rd – 65 points
4 th – 25 points	4 th – 35 points	4 th – 60 points
5 th – 20 points	5 th – 30 points	5 th – 55 points
All finishers receive 5 points	All finishers receive 15 points	All finishers receive 25 points

Grace Period: There is a 30-day grace period for counting an individual's races once the entry fee is paid. Once the fee is received by Split-Second timing, only those races run the 30 days prior will qualify.

T-Shirt Eligibility: Paying the Race Series entry fee does not automatically guarantee a t-shirt to the entrant. The t-shirt is a "finishers" shirt awarded only to those who complete the required number of races, which is at least 3 races.