

SATURDAY, MAY 7

Join Us for Breakfast!

A \$5 pancake breakfast will be served at the event. Breakfast is free to paid run/walk participants.

Registration: 7 a.m. Lake Regional Hospital parking lot B

5K Run begins at 8 a.m. Walk begins immediately after runners start. **Registration fee is \$30** and includes chip timing. Tech shirt guaranteed to participants registered by April 15.

Register online at **lakeregional.com/events**.

Medals will be awarded in men's and women's divisions in seven age categories.

For more information, call **573-302-2282** or visit **lakeregional.com/events**.







