

3rd Annual Run Like a Tiger 5K Run/Walk

St. James, Missouri- Saturday May 6th, 2017 at 9:00am



This is a timed event race that will start and end at the St. James Multi-Purpose complex. This will be a fun day event with local businesses booths and vendors set up, refreshments and snacks provided, race awards, and participant raffle awards given. Kids races will also be available on the track after the race.

Registration Fees: \$25 if pre-registered by May 1st, or \$30 after May 1st. Race shirt included with registration. Shirts cannot be guaranteed for registering after May 1st.

DRAWING FOR EARLY REGISTRANTS! For those who register BEFORE April 1, 5 people will be drawn to win a \$25 Amazon Gift Card.

Runners and walkers are welcome at this event. No animals or bicycles please. Jogging strollers however are allowed. For online registration, go to <http://runlikeatiger5k.itsyourrace.com/>

You may also enter the race with a team! Must be atleast 5 racers on a team to qualify for the team discount. There can be unlimited members on a team. To be entered on a team, indicate the team name on the registration form. Team members registration fee will be \$20 per member if registered by May 1st and \$25 after May 1st. We will issue a trophy for the largest team registered and paid.

AWARDS- presentations will take place at the Multi-Purpose Complex shortly after the race!

1st, 2nd, and 3rd place awards will be given to the top 3 overall racers.

Awards will be given to 1st, 2nd and 3rd place Male and Female participants in the following age groups:

12 & Under 13-18 19-25 26-35 36-45 46-55 56 & Over

To register, please complete the following form and sign. Please make checks payable to St. James R-1 Schools with Tiger 5K in the memo and mail to: St. James Schools Attn: Kristin Lorts 101 E Scioto St. James, MO 65559. Registration can also be completed online at runlikeatiger5k.itsyourrace.com

Name _____ Shirt Size: S M L XL XXL

Male _____ Female _____ Age as of May 1, 2017 _____

Address _____ City _____ State _____ Zip _____

Phone Number _____ Email _____

If entering with a team, indicate team name here: _____

Signature _____ Date _____

Race Day Waiver

I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained. I certify that I am medically able to perform this event, and am in good health. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, etc. Having read this waiver and knowing these facts and of your accepting my entry, I, for myself, waive and release the Run Like a Tiger 5K, the city of St. James, and Split Second Timing, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.