



"We rise by lifting others." - Robert Ingersoll

### 5K Run/Walk to benefit multiple families in memory of Kaden Keller

The Fifth annual 5K-den is held in memory of Kaden Keller who was diagnosed with Acute Lymphoblastic Leukemia at age 7 in 2009 and who passed away on 9/9/2014. The 5K-den will benefit the following children and their families to help with medical and travel expenses:

Dustin Turner, age 10– Osteosarcoma; Julia Stone age 8 – Ewings Sarcoma; Ethan Montalbano , age 7 – B Cell Acute Lymphoblastic Leukemia; Riley Williamson, age 10 – Type 1 Diabetes, Celiac Disease. Please come out and help us support all of these children and their families!

**When: 9/08/18; Race starts at 8:00 a.m. Check-in starts at 7:00 a.m. Where: Sullivan Fairgrounds, Mattox Dr., Sullivan, MO**

Bib/T-shirt pick up also available Friday 9/7/18 3-7 p.m. at South Community Plaza, S. Service Rd W, Sullivan, MO

Registration: \$25 (T-shirt and chip timing) \$15 for 1 mile Fun Run (T-shirt included; no chip timing)

Registration includes: Event T-shirt (guaranteed if registered by 8/31/18), chip-timed race & individual medals (first and second male and female in each age group) (Medals for top 3 finishers in Fun Run).

Age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+ and overall.

Information/questions: contact Liz Keller, [teamkaden@outlook.com](mailto:teamkaden@outlook.com) or Benji/Danielle Koonce, [kooncefam4@gmail.com](mailto:kooncefam4@gmail.com)

Register for both events online at <http://5Kden.itsyourrace.com/> or complete the following form:

Make checks payable to: Team Kaden Foundation drop off/mail to: Our Story Coffee House, 454 N Church St., Sullivan, MO 63080

Team Name (if applicable): \_\_\_\_\_ (trophy awarded to largest team registered)

Name (First & Last): \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Mailing address: \_\_\_\_\_ Email: \_\_\_\_\_

Check one: 5K (timing chip): \_\_\_\_\_ (\$25) Fun Run: \_\_\_\_\_ (\$15)

Emergency Contact Name & Phone number: \_\_\_\_\_

Shirt size: Youth S \_\_\_\_\_ Youth M \_\_\_\_\_ Youth L \_\_\_\_\_ Adult S \_\_\_\_\_ Adult M \_\_\_\_\_ Adult L \_\_\_\_\_ Adult XL \_\_\_\_\_ Adult XXL \_\_\_\_\_

Release & Waiver (Please read and sign): I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that police protection will not be provided and there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume any other risks associated with this running event including, but not limited to falls, contacts with other participants, the effects of weather or conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event. Knowing these facts and in consideration of your acceptance of my entry I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims of liability for death, personal injury, property damage, or any other kind of injury of any nature whatsoever arising out of or in the course of my participation. The undersigned further grants full permission to use any photographs or videos taken during event. Minors will be accepted with a parent's signature. I hereby waive all claims against Split Second Timing, LLC as well as any other personnel, agencies, or volunteers connected with this event. We reserve the right to cancel the event in case of dangerous, inclement weather. In the event the 5K is cancelled and not rescheduled no refunds will be issued.

\_\_\_\_\_  
Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date