



"We rise by lifting others." - Robert Ingersoll

5K Run/Walk to benefit multiple families in memory of Kaden Keller

The sixth annual 5K-den is held in memory of Kaden Keller who was diagnosed with Acute Lymphoblastic Leukemia at age 7 in 2009 and who passed away on 9/9/2014. The 5K-den will benefit the following children and their families to help with medical and travel expenses:

Hayden Backes, age 9 - Neurofibromatosis, inoperable brain tumor, optic glioma, and malignant nerve sheath tumor; Brinkley Jett, age 3 – Early Onset Epileptic Encephalopathy; Kasen Halbert, age 6 – Osteogenesis Imperfecta type 3

Please come out and help us support all of these children and their families!

When: 9/07/19; Race starts at 8:00 a.m. Check-in starts at 7:00-7:45 a.m. **Where:** Sullivan Fairgrounds, Mattox Dr., Sullivan, MO

Bib/T-shirt pick up also available Friday 9/6/19, 3-7 p.m. at South Community Plaza, S. Service Rd W, Sullivan, MO

Registration: \$25 (T-shirt and chip timing) \$15 for 1 mile Fun Run (T-shirt included; no chip timing)

Registration includes: Event T-shirt (guaranteed if registered by 8/30/19), chip-timed race & individual medals (first and second male and female in each age group) (Medals for top 3 finishers in Fun Run). Largest Team Award/Bragging Rights

Age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+ and overall.

Additional information/questions contact Liz Keller, 573-680-4099, teamkaden@outlook.com

Register online at <http://5Kden.itsyourrace.com/> or complete the following form:

Make checks payable to: Team Kaden Foundation and drop off or mail to: Our Story Coffee House, 454 N Church St., Sullivan, MO

Name (First & Last): _____ DOB: _____ Age: _____ Male _____ Female _____

Mailing address: _____ Email: _____

Check one: 5K (timing chip): _____ (\$25) Fun Run: _____ (\$15)

Team Name: _____

Emergency Contact Name & Phone number: _____

Shirt size: Youth S _____ YM _____ YL _____ Adult S _____ AM _____ AL _____ AXL _____ AXXL _____

Release & Waiver (Please read and sign): I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that police protection will not be provided and there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume any other risks associated with this running event including, but not limited to falls, contacts with other participants, the effects of weather or conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event. Knowing these facts and in consideration of your acceptance of my entry I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims of liability for death, personal injury, property damage, or any other kind of injury of any nature whatsoever arising out of or in the course of my participation. The undersigned further grants full permission to use any photographs or videos taken during event. Minors will be accepted with a parent's signature. I hereby waive all claims against Split Second LLC as well as any other personnel, agencies, or volunteers connected with this event. We reserve the right to cancel the event in case of dangerous, inclement weather. In the event the 5K is cancelled and not rescheduled no refunds will be issued.

Signature

_____/_____/_____

Date