



*"We rise by lifting others." - Robert Ingersoll*

This is our 10<sup>th</sup> annual 5K-den in memory of Kaden Keller who was diagnosed with Acute Lymphoblastic Leukemia at age 7 in 2009 and who passed away on 9/9/2014. All 5K-den proceeds will benefit the following children and their families to help with medical and travel expenses:

William Henson, 3 yrs. Old; Hemiplegia Cerebral Palsy

Willa O'Connor, 8 months old; Hypoxic Ischemic Encephalopathy (HIE)

Stella Craig, 7 yrs. old; SNCN8A genetic mutation; Epilepsy

**Please come out and help us support all of these brave children and their families!**

**Please join us**

**9/09/23 at 8 a.m.**

**Sullivan Fairgrounds, Mattox Dr. Sullivan, MO 63030**

**Bib/T-shirt pick-up & race day registration starts at 7 a.m., bib/t-shirt pick-up also available Friday, 9/08/23 3-6 p.m. at the Sullivan Fairgrounds Pavilion**

**Runners & walkers of all ages welcome!**

**5K: \$30 per participant (T-shirt and chip timing included),**

**1 mile Fun Run: \$20 (T-shirt included; no chip timing)**

**Virtual Option: \$20 (includes shipping)**

**Paper Registrations available at Request!**

**Largest Team Award; All registrations received before 08/31/23 to be included in a fabulous raffle!**

To register or if unable to participate and you would like to donate please go to <http://5Kden.itsyourrace.com/>.

**Check out our Facebook page, Team Kaden "Lets end childhood cancer together" for additional information!**

Questions, please call or text Liz Keller at 573-680-4099 or email us at [kellere@teamkaden.org](mailto:kellere@teamkaden.org)